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Office of Women's Health Research Chair in Mental Health

E-Newsletter: Issue # 39



Office affiliates at the Women's Health Research Chair in Mental Health, Faculty of Health, York University

Hello everyone,

It is our sincere pleasure to share with you information on our Office's and affiliates' activities over the course of 2024. The picture above is from a get together in August of this year in celebration of several of our affiliates' accomplishments.

We hope you find examples of our Office's and affiliates' publications, presentations, and other scholarly activities in this eNewsletter informative.


Nazilla Khanlou
Women's Health Research Chair in Mental Health
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SECTION 1. KNOWLEDGE TRANSFER EVENTS:

THE 7th LILLIAN MEIGHEN WRIGHT MATERNAL- CHILD HEALTH LEARNING ACADEMY




YORK UNIVERSITY'S 7th LILLIAN MEIGHEN WRIGHT MATERNAL-CHILD HEALTH LEARNING ACADEMY

Impacts of Natural Disasters on Maternal-Child Health

Organized by the Women's Health Research Chair in Mental Health in partnership with the Faculty of Health

15 and 17 July 2024
12:00pm to 3:00pm
York University
Virtual Event via Zoom



health | YORK UNIVERSITY

On July 15 and 17, 2024, our Office of Women's Health Research Chair in Mental Health held the 7th Lillian Meighen Wright Maternal-Child Health Learning Academy. The biennial event is organized by our Office and funded by the Lillian Meighen and Don Wright Foundation and since the COVID-19 pandemic it has transformed from an in-person event to an online event. This year's Learning Academy's theme was on the Impacts of Natural Disasters on Maternal-Child Health. The goal of the event was to draw attention to the impact of ongoing global climate crisis on maternal and child health and to call for local, national and global action to combat climate-related threats dominating the world.

The virtual event was attended by students, researchers, and practitioners from Canada, the USA, Great Britain, Norway, Rwanda and Ethiopia. The transdisciplinary and timely research presented on maternal-child health and wellbeing in the context of the impacts of natural disasters and the accompanying questions and answers sessions promoted co-learning and engagement among students, researchers, and practitioners.

On both days of the event, Dr. Nazilla Khanlou (Academic Lead), Lillian Meighen Wright Maternal-Child Health Scholars Program, York University welcomed the participants and presenters. We were honored to have Dr. Karin Page-Cuttrara, Associate Dean, Learning, Teaching & Academic Programs, Faculty of Health, York University to greet the attendees on behalf of the Dean. The rapid poster sessions were moderated by Student Co-chair, Lillian Meighen Wright Maternal-Child Health Scholars Program, Meaghan Hall and Lojain Hamwi.

The panel presenters and their specific topic are presented on the left column.

Panel presenters	Title of talk
Kam Sripada	Earth, Water, Air, and Fire: Early Life Brain Development in Disaster Zones
Nirupama Agrawal	Impacts of Hurricanes and Floods on Maternal-Child Health
Ranjan Datta	Effects of Disasters on Racialized Immigrant Youth and Community-Led Adaptation Initiatives
Lara Pierce	Contributions of Stress and Socioeconomic Status to Early Neural and Language Development
Nelly Oelke & Carolyn Szostak	Mental Health Impacts of Climate Change Events in Rural British Columbia
Afroza Sultana	Impact of Water Insecurity on Haudenosaunee Mothers' Health and Well-being
Bree Akesson	The Perinatal Experiences of Families in the Climate-Conflict-Displacement Nexus
Luz Maria Vazquez	Gender and Climate Change: Vulnerability and Adaptation in Coastal Communities in Costa Rica

The full program of the event is available at:

<https://nkhanlou.info.yorku.ca/files/2024/07/Booklet-LMW-7th-Learning-Academy-July-2024.pdf?x46752>



Gendered based violence: the impact of networks

By Dr. Negar Alamdar

Informed by work on gendered base violence and the challenges faced by women and girls from diasporic communities, my ongoing programme of research examines the impact of social determinants of domestic violence. Social dislocation, trauma and conflicting cultural values contribute to family violence, directed primarily at girls and women of the household. For new immigrant and refugee arrivals, the juxtaposition of values of the host western society and the values of the more traditional home country presents challenges of adjustment.

The impact of conflicting cultural values (western Canadian and traditional Iranian) on gendered base violence in the family is noteworthy. Equally, the role of external factors that shape family dynamics are important. Further, the impact of social isolation or social distancing of women is another determinant of ongoing domestic violence. Networks or ties are essential for "learning the ropes" and for developing a repertoire of survival skills. The accessibility to various contacts carries serious implications for the social organization of gendered violence.

The findings (Alamdar, 2023) suggest that women negotiating their identities in the contexts of conflicts and challenges articulate the primacy of

support in dealing with violence. Specifically, how does the creation of a subterranean network of support not only validate experiences, but also assist with overcoming any feelings of fear, hopelessness, and desperation? In other words, how do women break through the compulsive and pervasive influences of both tradition and modernity in negotiating a space that resists and complies as well as distances or engages?

The access to networks for mobilizing social capital and other resources for developing responses to gendered violence is critical. Networks of social relations, especially those of kinship, friendship or mutual aid, are essential for responding to abusive relationships.

How does dislocation disempower women? And, what specifically does social dislocation mean? How does one experience social, political, physical and psychological dislocation, displacement and/or disconnection? How do, for example, Iranian women form and inform their identities in relation to conflicting cultural narratives of subject formations in reference to domestic violence? It is also important to note how and why women who are violated feel lost, distance, disconnected and dislocated socially, politically, emotionally, personally, physically, psychologically.

Dependency helps explain why women stay in abusive relationships (Couto & Visano, 2012). Dependency refers to "a relationship between a person and another person, symbol, substance or material object characterized by two things: physiological or psychological withdrawal pains contingent upon its unavailability; and the absence of subjectively defined alternatives (social capital). Subjective dependency refers the psychological or emotional ties that women have to the abusive partner and the relationship itself. Subjectively dependent women will stay in the relationship when there is minor violence but will leave when it increases or escalates. Objective dependency refers to the economic dependency that women have on men. The unequal power relations between men and women provide the backdrop for women's dependency on men. Violence lessens as women participate in social networks of support outside of the family.

References

- 1) Alamdar, Negar (2023). Resistance And Empowerment: Racialized Women of the Diaspora. Toronto: APF Press
- 2) Couto, N. and L. Visano (2012) Violated and Silenced. Toronto: APF Press

SECTION 3. INTERNATIONAL NETWORK ON YOUTH INTEGRATION (INYI) JOURNAL

We are pleased to announce the soon to be released INYI Journal Online Issue: Mothering in the academia during a pandemic: Structural gender inequalities and family wellbeing INYI Journal Volume 13, 2024. The open access journal articles are available on the INYI journal website: <https://inyi.journals.yorku.ca/index.php/default>.

- ✚ Guest Editorial
Bianca C. Bondi & Ilana Shiff

- ✚ Research Article: Virtual Care and Social Support for Refugee Mothers during COVID-19: A Qualitative Analysis
Katherine McGuire & Michaela Hynie

- ✚ Research Article: The Mental Well-being of Adolescent Mothers Affected by Intimate Partner Violence: Challenging the Barriers of Gender Inequity
Danielle Washington

- ✚ Research Article: Reflections about Reproductive Planning in Brazil During the Covid-19 Pandemic
Ana Beatriz Azevedo Queiroz, Ana Luiza de Oliveira Carvalho, Andreza Pereira Rodrigues, Elen Petean Parmejiani, Fernanda Martins Cardoso, Gabriela Mello Silva, Isabelle Manguiera de Paula Gaspar, Julia Verli Rosa & Juliana da Fonsêca Bezerra

- ✚ Commentary: York University's 6th Lillian Meighen Wright Maternal-Child Health Learning Academy. Maternal-Child Health and Wellbeing in a Global Pandemic: Promotion, Prevention, Intervention
Luz Maria Vazquez

- ✚ Office Affiliate's Recent Accomplishments
Featuring Negar Alamdar

Asian-Canadian Youths' Pandemic Experiences Through Visual Arts

Khanlou N, Khan A, Vazquez LM, Nunes F, Seto Nielsen L, Hasan N, and Francis Xavier J

Introduction

The COVID-19 pandemic lockdowns and the associated disruptions such as school closures, isolation, cancelled events, and missed milestones had an emotional toll on Canadian youth, making them highly vulnerable to the impacts of the pandemic (Ferguson et al., 2021).

The pandemic intensified existing health and socioeconomic disparities that immigrants face in diverse settings (Khanlou et al., 2020), differentially and disproportionality impacting racialized communities (Gopal & Adesara, 2020). In the earlier stages those identifying as Asian-Canadian were especially affected (Cheng et al, 2021; Choi et al., 2021). Identity is a distinguishing character of an individual. A recent study found university students in Canada and in Spain were increasingly reporting higher rates of mental health problems relating to identity concerns (Gfellner et al., 2024). The 2023 Canadian Health Survey on Children and Youth found a decline in mental health and optimism about school from the pre-pandemic period amounts all young persons (Statistics Canada, 2024). Our ongoing study explores the impacts of the pandemic on the identities, sense of belonging, and agency of Asian-Canadian youth. In this Information Sheet we report on some of the educational and mental health challenges that youth experienced as a result of the pandemic.

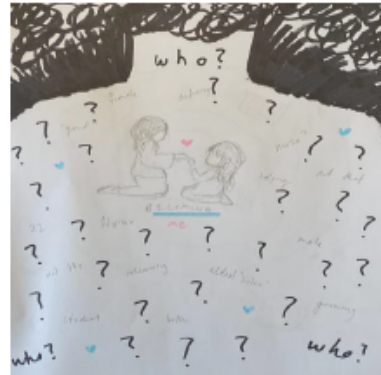


Figure 1 Self-portrait drawn by a female research participant during the study interview

Our study

The goal of our ongoing project is to explore the impact of the pandemic on the identities of Asian-Canadian youth, their sense of belonging and agency. Its specific objectives are to examine:

1. Asian-Canadian youths' (aged 16-24) identities using arts-based methods through individual interviews (visual arts: Self-Portrait, Relational Map) and group interviews (drama: Readers Theatre);
2. Engage youth in participatory and digital knowledge transfer activities; and
3. Inform youth-centred practice, policy, and scholarship through an equity-informed lens addressing exclusionary discourses and discriminatory practices during the pandemic's response and recovery phases.

In this Information Sheet we share several of the emerging research findings from our individual interviews based on visual arts methods (i.e. Self-Portrait, Relational Map).

Racialized Youth with Developmental Disabilities: Barriers to Inclusion in Services and Education

Khanlou N, Vazquez LM, Khan A, Hart M, Ohiku T, and Hutchinson N

Introduction

Racialized youth with Developmental Disabilities (DDs) face barriers in key aspects of their lives including work, education, health, and community participation. Racialized youth refers to youth who are non-White. The COVID-19 pandemic disrupted services and support to health and mental health for this population (Khanlou et al., 2023), increasing day-to-day challenges for them and their families and support networks. Families of racialized youth with DDs may have limited: 1) access to support to help them manage challenging situations; 2) resources to cope with stressors; and 3) opportunities to voice their concerns.

Racialized youth with DDs face “double stigma” in relation to their racial/ ethnic identity (e.g. Black) and their developmental disability (Ali et al., 2016). Our previous studies found that Black mothers with children with DDs were “triply” marginalized due to the intersections of gender (woman), racialization (Black), and caregiving (mother). Racism and discrimination affected mothers’ access and utilization of social services (Khanlou et al., 2028). It is important to know the barriers that racialized families face to access services and support for their youth with DDs, and the facilitators that promote equity and support the health, mental health and wellbeing of this vulnerable population.



Our study

The goal of our project was to examine the barriers and facilitators of social support for racialized families of youth with DDs (ages 16-29 years) and to scope the literature on equity-informed best practices in social support. The project’s main objectives were:

- i) to conduct a review of the literature on the barriers and facilitators of social support for racialized families of youth with DDs; and,
- ii) to conduct interviews with racialized (Black, East Asian, or South Asian) youth with DDs, with family caregivers, and with service providers, on inclusive social support during and beyond the pandemic.

In this Information Sheet we share findings from our scoping review and emerging research findings from our interviews. We report on two areas: services and education.

See the full Information Brief here: <https://nkhanlou.info.yorku.ca/files/2024/05/Info-Sheet-20.-May-2024.pdf?x46752>

SECTION 5. PUBLICATIONS AND PRESENTATIONS

JOURNAL ARTICLES/POLICY BRIEFS/REPORTS

- Iziduh S, Lee J, Umutoni B, Brahmhatt P, Sabiston CM, Friedenreich CM, **Khanlou N**, Smith-Turchyn J, Tomasone JR, Gagliardi AR. (2024). Physical activity promotion intervention improved physical activity knowledge, confidence and behaviour among diverse immigrant women: pre-post multiple methods feasibility study. *BMJ Open*, 14(11), e086653. <https://doi.org/10.1136/bmjopen-2024-086653>
- Adil M, Galli Francis A, Khan A, Vazquez LM, & Khanlou, N.** (2024). Implementing Readers Theatre as an arts-based participatory research method in exploring Asian-Canadian youth identities. *INYI Journal*. <https://doi.org/10.25071/1929-8471.155>
- Iziduh S, Dhakal S, Sihota R, Ye A; Friedenreich CM, **Khanlou N**, Sabiston CM, Smith-Turchyn J, Tomasone JR, & Gagliardi A. (2024). Raising awareness about physical activity's role in reducing cancer risk: Qualitative interviews with immigrant women and community agency managers. *BMC Public Health*, 24. 2072. <https://doi.org/10.1186/s12889-024-19612-5>
- Vazquez LM, Khanlou N, Nunes F, Khan A, & Seto Nielsen L.** (2024). "My multiple cultural backgrounds are pulling me in all directions with my identity": Asian and Latino Canadian youth experiences of cultural identity. *Identities*, 20 pages. <https://doi.org/10.1080/1070289X.2024.2353465>.
- Francis Xavier JM, Khanlou N, Seto Nielsen L, & Moradian S.** (2024). Enhancing paternal support: A concept analysis of social support for first-time fathers. *Nursing Forum*, 2024, 11 pages. <https://doi.org/10.1155/2024/2803795>
- Khanlou N, Khan A, Vazquez LM, Nunes F, Seto Neilsen L, Hassan N, and Francis Xavier JM.** (2024). Information Brief # 21: Asian Canadian youth identities in a pandemic era: Arts-based research. York University. Info Sheet 21 MRG Oct 2024

PRESENTATIONS

- Khan A, Khanlou N, Vazquez LM, Nunes F, Lampkin M & Susanta D.** (October 24-25, 2024). Black and Asian Canadian youth with Developmental Disabilities: Barriers to Social Support. The 4th Annual Canadian Children, Youth and Communities Health In Equity Conference: Building sustainable solutions to address child health inequity through community partnerships.
- M Charalampopoulou, A Ibrahim, H Prime, N Eddy, C Kerry, PE Langdon, K Gray, S Desai, K Tilleczek, P Ritvo, A Tint, **N Khanlou**, Y Lunskey, C McMorris, & JA Weiss (5 August 2024), IASSIDD 2024. A Therapeutic Photography Intervention for the Well-being of Autistic Young Adults. International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD), Chicago, United States.
- Khan A, Vazquez LM, Hasan N, Nunes F, & Khanlou N.** (July 15 & 17, 2024). Mothering during the COVID-19 pandemic: Social Support to Promote the Wellbeing of Mothers of Racialized Youth with Developmental Disabilities. 7th Lillian Meighen Wright Maternal-Child Health Learning Academy: Impacts of Natural Disasters on Maternal-Child Health.
- Adil M & Francis AG.** (June 22, 2024). Asian-Canadian youth identities in a pandemic era: Arts-based research. Emerging Ideas Roundtable #1: Theatre, Education, Wellness, and Community. Child, Youth & Performance (CYP) Conference 2024 in partnership with York University and Young People's Theatre in Toronto, Canada.

- ✚ **Khanlou N.** (21 February 2024). Intersectionality-informed approach to addressing health disparities and social support inequities for racialized families of youth with developmental disabilities. Access and Use of Health Services by Black and Racialized People panel. Black and Racialized Health Equity (BARE) Research Program & African Child and Youth Migration Research Network (ACYMN), Calgary, Alberta. (Virtual presentation).

MEDIA

- ✚ York advancing mental health research for marginalized groups (18 September 2024). **N. Khanlou** interviewed. <https://www.yorku.ca/yfile/2024/09/18/york-advancing-mental-health-research-for-marginalized-groups/>
- ✚ Prof's work advancing nursing makes impact. Y-File: York University's News (5 April 2024). **N. Khanlou** interviewed. <https://www.yorku.ca/yfile/2024/04/05/profs-work-advancing-nursing-makes-impact/>

EVENTS ORGANIZED

- ✚ **Khanlou N** (Organizer). 7th Lillian Meighen Wright Maternal-Child Health Learning Academy: Impacts of Natural Disasters on Maternal-Child Health, July 15 & 17, 2024. York University. <https://nkhanlou.info.yorku.ca/files/2024/07/Booklet-LMW-7th-Learning-Academy-July-2024.pdf?x46752>

HONOUR AWARDS

- ✚ **Khanlou N.** Outstanding Reviewer; Canadian Institutes of Health Research (Spring 2024 Project Grant)
- ✚ **Khanlou N.** Top 10% Downloaded article, Nursing Open journal - 2024

FUNDING

- ✚ Vissandjée B (PI), Interdisciplinary of 29 investigators, **Khanlou N** (Co-I*). Words Matter, Numbers Matter, Ways Matter: Establishing a Data and Resource Platform to Guide Equitable Healthcare for Women Living with Female Genital Mutilation/Cutting in Canada (2024-2025). Canadian Institutes of Health Research: Priority Announcement - Global Health Research.








SECTION 6. ONGOING RESEARCH

Professor Nazilla Khanlou, Chair of this Office, along with colleagues engaged in research for the following projects:

- ✚ **SSHRC Insight Grant** (2022-2025). *Asian-Canadian youth identities in a pandemic era: Arts-based research.*
- ✚ **SSHRC Insight Development Grant** (2022-2024). *Social support for racialized families of youth with developmental disabilities: Intersectionality informed research.*

SECTION 7. OUR OFFICE AFFILIATES' ACADEMIC AND RESEARCH ACCOMPLISHMENTS

We are proud to share the academic and research accomplishment of our Office's affiliates.

-  **Dr. Luz Maria Vazquez:** Congratulations to Dr. Luz Maria Vazquez, Contract Faculty and Research Coordinator at the Office, who recently received a research fund award from CUPE Research Grant 2024, York University, to conduct the study titled: *Climate Crisis and Migration: Migrant Vulnerability to Wildfire Disasters and Adaptive Capacity*. This is an exploratory project that aims at politicizing the analysis of vulnerability to wildfire disasters by looking at the intersection of immigration status with other identity markers including gender, location, and socioeconomic status. The study will apply the lens of adaptation equity to highlight the differentiate power and capacities that different actors have to prepare, recover and rebuild, after a wildfire disaster.
-  **Dr. Attia Khan** is the Postdoctoral fellow with our Office of Women's Health Research Chair in Mental Health. She is also a part-time faculty at the University of Toronto. Dr. Khan has a PhD in Health Policy and Equity from the Faculty of Health, York University, and is an Internationally trained medical doctor. Dr. Khan has been involved in multiple research projects at the Office and presented at many conferences. Her research has focussed on community-based research in developmental disabilities' health, immigrant mental health, youth identity, maternal healthcare, HIV/AIDS and medical education.
-  **Josephine M Francis Xavier** is a Doctoral Candidate in the School of Nursing at York University. Her doctoral research is titled *Fathering and fatherhood in the perinatal period: A Straussian Grounded Theory approach*. Josephine was awarded The Meighen Wright Foundation Maternal-Child Health Graduate Scholarship for (2024-2025). Her recent publication and presentation are: 1) Francis Xavier, J., Venkatesa Perumal, R., Poornaselvan, C., & Adil, M. (2024). Perinatal Fathers in the Context of the COVID-19 Pandemic and Beyond: Impacts and Implications, *Malaysian Journal of Nursing*, Vol (6) 2; and 2) Francis Xavier, J. (2024, 15 June). "Exploring the Future: The Role of Fathers in Strengthening Maternal-Child Health During Disasters" [Poster presentation], York University's 7th Lillian Meighen Wright Maternal- Child Learning Academy, York University, Toronto, Canada.
-  **Danielle Washington** is a Doctoral Candidate in the School of Nursing at York University. Her doctoral research, *Exploring the Mental Well-Being of Black Women Living in Poverty and at Risk of Intimate Partner Violence*, received ethics approval in October 2024. She is currently recruiting participants and conducting interviews as part of her study. In addition to her academic pursuits, Danielle maintains an active nursing practice in the fields of mental health and academia.
-  **Deanna Black** is a Doctoral student in the School of Nursing at York University and being supervised by Professor Khanlou. Deanna is a second-generation registered nurse, and completed a Master's in Nursing at York University.
-  **Nasteho Hasan** is a Public Health Nurse in Toronto currently working in Communicable Disease and Infection Control, specifically managing outbreaks in congregate settings. This April, Nasteho successfully defended her Master's thesis and completed the requirements for her Master's of Science in Nursing at York University. Her thesis was titled "Asian Adolescent Experiences of Health-Related Stigma During the COVID-19 Pandemic." Nasteho currently continues to work as a research assistant for the Chair of the Office of Women's Health, supporting various projects.
-  **Dr. Chang Su** was a Lillian wright and Meighen Wright Post-Doctoral Fellow at the Office of Women's Health Research Chair in Mental Health in the Faculty of Health at York University. Dr. Su completed her PhD in Social and Personality Psychology. She is currently an Associate Professor in the Department of Psychology at Faculty of Science in Brandon University. Dr. Chang continues to be involved in the research activities at the Office.

- ✚ **Dr. Negar Alamdar** was a Lillian Meighen Wright Postdoctoral Fellow in Maternal-Child Health at York University under supervision of Dr. Nazilla Khanlou at the Office of Women's health research at York University. She continues to contribute to research activities at the Office. Dr. Alamdar earned a certificate from Cornell University in Summer 2024, specializing in Equity, Diversity, and Inclusion, which serves to enhance her commitment to fostering equity and promoting social justice through her teaching and community engagement. She has recently published a book called *Alamdar, N. 2023. Resistance and Empowerment: Racialized Women of the Diaspora (303 pp) Toronto: APF Press* that further underscores her dedication to advancing knowledge and social justice.
- ✚ **Sheena Madzima** is a Women's Health Research in Mental health Office affiliate. She assisted in several projects throughout her studies and graduated with a Bachelor of Science in Psychology at York University, class of 2020. She was honoured to be the recipient of multiple awards including the Dr Eric Jackman Award and Lillian-Meighen Wright Award.

INTRODUCING OUR OFFICE'S NEW AFFILIATES

- ✚ **Meaghan Hall** is the Student Co-Chair, Lillian Meighen Wright Maternal-Child Health Scholars Program. She is also a PhD candidate in Clinical Developmental Neuropsychology at York University, where she also completed her MA. Her research interests lie in the area of women and children's environmental health. In particular, she is interested in exploring the effects of prenatal neurotoxicant exposures on women's health and children's cognitive development. She is currently focused on understanding the mechanisms that may explain the developmental neurotoxicity of environmental chemicals, including maternal thyroid disruption.
- ✚ **Lojain Hamwi** is the Student Co-Chair, Lillian Meighen Wright Maternal-Child Health Scholars Program. She is also a first year PhD student in the Clinical Developmental Psychology program. She is specializing in the Clinical Neuropsychology stream and completing a Health Psychology diploma to complement her studies. Her research focuses on the development of an infant pain assessment tool using a machine learning approach. Ultimately, her research aims to contribute to the improvement of assessing neonatal pain using a combination of novel tools, such as artificial intelligence, physiological responses (e.g., heart rate) and brain activity.
- ✚ **Maisha Adil** is a graduate from the University of Waterloo with a Bachelor of Science in Health Studies. She recently co-published a review exploring the mental health implications of COVID-19 on fathers during the perinatal period, recommending strategies to enhance family wellbeing and resilience (DOI: 10.31674/mjn.2024.v16i02.023). Her research interests also include infectious diseases and statistical methods.
- ✚ **Allan Galli Francis** is currently pursuing a Master of Management in Artificial Intelligence at York University. His ongoing work at Trillium Health Partners and RBC focuses on digital transformation and data-driven decision-making in healthcare, informatics, and finance. Recently, he co-developed StrideWell, a platform addressing frailty and caregiver distress in Canada, which won first place at Women in AI Canada's 2024 Hackathon.

Maisha and Allan are interdisciplinary researchers interested in using novel methodologies to study health and wellbeing across the lifespan. They are both serving on the Advisory Committee for the SSHRC-funded project entitled "*Asian-Canadian youth identities in a pandemic era: Arts-based research*". As Advisory Committee Members and Youth Peer Leaders, Maisha and Allan facilitated Reader's Theatre workshops with youth to understand the impact of the COVID-19 pandemic on Asian-Canadian youth identities. Earlier this year, Maisha and Allan presented findings from the project at the Children, Youth, and Performance Conference in Toronto.

SECTION 8. STUDY RECRUITMENT

Our Office's research team and colleagues are conducting a research project titled ***Social Support for Racialized Families of Youth With Developmental Disabilities: Intersectionality Informed Research***. We are still recruiting study participants!

If you are (or know of someone) who is: 1) a family caregiver of a young person (16-29 years) with developmental disabilities, who self-identifies as Black, East Asian, or South Asian; or 2) a young person (16-29 years) with developmental disabilities, and also self-identifies as Black, East Asian, or South Asian and would like to participate in our study please forward them our study flyer: <https://nkhanlou.info.yorku.ca/files/2023/05/YADD-Flyer-Social-Support.May2023.pdf?x46752>

RECRUITMENT FOR A STUDY



SOCIAL SUPPORT

- Are you a young person (16-29 years) with developmental disabilities who self-identifies as Black, East Asian, or South Asian?

OR

- Are you the family caregiver of a young person (16-29 years) with developmental disabilities who self-identifies as Black, East Asian, or South Asian?

- Would you like participate in a study to talk about your experiences of social support during and beyond the pandemic?

If yes, we invite you to participate in our project.

What will you do?

- You will take part in an interview (in person or telephone or virtual)
- You will receive \$50 dollars for participating

For further details please contact Attia Khan at email: attiakh2@yorku.ca

**Approved by York University's Research Ethics Board*

Funded by Social Sciences and Humanities Research Council - SSHRC