

# Join us at the Book Launch Webinar!

Wednesday 15 November 2023 from 12 pm to 1:30pm (EST) via Zoom

## The Stories Around Us: Mental Health Narratives of South Asian Women

Edited by Rana Khan



### About the Author

**Rana Khan** is an author, poet, ESL teacher and community educator. She shares her own story of mental health issues, and those of nine other South Asian women, in an anthology titled *The Stories Around Us*.



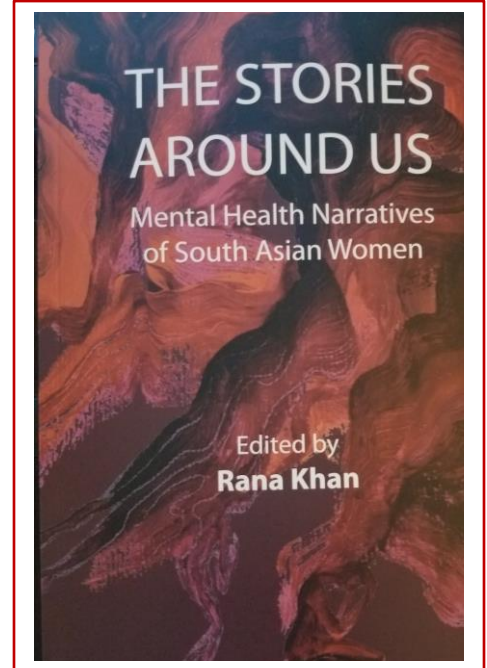
### Speaker

**Namrta Mohan** holds a master degree in psychology, and is a registered psychotherapist, speaker and clinical supervisor, with more than 15 years of experience in the field of mental health.



### Speaker

**Kripa Sekhar** is the Executive Director of the South Asian Women's Centre (SAWC) and former co-chair for the Metropolitan Action Committee on Violence Against Women and Children (METRAC).



### Moderator

**Attia Khan** is a Postdoctoral Fellow with the Office of Women's Health Research Chair in Mental Health, Faculty of Health, York University. She is also a contract faculty at University College, University of Toronto.

Please register here for the event: [https://yorku.zoom.us/webinar/register/WN\\_xPOjahteRn2hUA6oNOWbhw#/registration](https://yorku.zoom.us/webinar/register/WN_xPOjahteRn2hUA6oNOWbhw#/registration)

Event organized by the York Centre for Asian Research (YCAR) and the Office of Women's Health Research Chair in Mental Health (OWHC)

- **Nazilla Khanlou**, Professor and Women's Health Research Chair in Mental Health, School of Nursing, Faculty of Health, York University, **Qiang Zha**, Associate Professor, Interim Director, York Centre for Asian Research [YCAR], **Attia Khan**, Postdoctoral Fellow OWHC, Faculty of Health, and **Luz Maria Vazquez**, Research Associate/Coordinator OWHC, Faculty of Health, York University.