

# WOMEN'S HEALTH & MENTAL WELLBEING SPEAKERS SERIES



Fall 2010 – Winter/Spring 2011  
Organizer: Dr Nazilla Khanlou  
Echo's Chair in Women's Mental Health Research  
Faculty of Health, York University

## SUMMARY OF PRESENTATIONS

Presentation	Summary
<p>October 6, 2010</p> <p><b>Pat Campbell</b> CEO, ECHO: Improving Women's Health In Ontario</p> <p><b>Title: Women's Priorities for a Changing Mental Health System</b></p>	<p>Pat Campbell's discussion focused on Women's Priorities for a Changing Mental Health System. The discussion explained ECHO's mission, vision &amp; values as well as changes and recommendations on mental health and addictions reforms. To view the presentation slides, please visit <a href="http://www.yorku.ca/nkhanlou/documents/PatCampbellpresentation.pdf">http://www.yorku.ca/nkhanlou/documents/PatCampbellpresentation.pdf</a>.</p>
<p>November 17, 2010</p> <p><b>Dr. Marc Bornstein</b> Senior Investigator, Head of Child Health and Human Development</p> <p><b>Title: Positive Parenting and Positive Development in Children</b></p>	<p>Dr. Bornstein's presentation focused on positive parenting. Presentation themes included positive youth development and parenting knowledge (such as parenting caring, acceptance, and assistance). Being problem free does not mean that children are fully prepared for life. Future reorientation includes human strengths -- values, courage, hope, and perseverance in a child. These values are desirable in themselves, and they buffer against adversity and compensate for deficiency.</p>
<p>January 26, 2011</p> <p><b>Dr. Kyle Killian</b> Associate Professor, School of Nursing, Researcher</p>	<p>Dr. Killian presented findings from a study focusing on discourses of displacement and trauma from the 1974 war in Cyprus. Presentation themes included traumatic elements in participant narratives, the powerful role of social support in ameliorating post traumatic symptoms,</p>

<p>Centre for Refugee Studies York University</p>	<p>the impact of gender, and the healing process, as well as migratory stressors for refugee women and men. Participants' artwork reflected the meaning and significance of important themes from the study.</p>
<p><b>Title: Trauma, Gender and Generation: Adaptation to War and Displacement</b></p>	
<p>April 6, 2011</p>	<p>Dr. Haque presented the methodology and selected findings from a qualitative research study "Exploring the link between neighbourhood and newcomer immigrant health." This research study was a collaborative project of the Wellesley Institute and York University, Dr. Nazilla Khanlou. The study was carried out under St. James Town Initiative, which is Wellesley Institute's signature community based health research and action project in the St. James Town neighbourhood <a href="http://www.sjtinitiative.com">www.sjtinitiative.com</a></p>
<p><b>Dr. Nasim Haque</b> Director, Community Health, Wellesley Institute &amp; Assistant Professor, Lawrence S. Bloomberg, Faculty of Nursing, University of Toronto</p>	
<p><b>Title: Effect of neighbourhood on immigrant women and their families perceived health</b></p>	<p>This descriptive qualitative study examined both the "place-based" characteristics of St. James Town (SJT) and individual-level factors, including newcomer immigrants' perceptions of the neighbourhood, their social relations, and their access to health and social services in the neighbourhood. The study focused on ethno-racial newcomer immigrant populations: Tamil, Filipino, and Chinese (Mandarin speaking) and compared their experiences with those of Canadian-born residents in the neighbourhood. The study also interviewed health and social service providers in SJT and the surrounding area.</p>
<p>May 4, 2011</p>	<p>In this presentation, Professor and Producer Christine Jonas-Simpson discussed arts-based research methodologies including research based drama, art and documentary as tools to understand and translate lived human experiences of grief and loss.</p>
<p><b>Dr. Christine Jonas-Simpson</b> Assistant Professor, School of Nursing, Faculty of Health, York University</p>	
<p><b>Title: Mothering Children Living with the Loss, Love and Continuing Presence of a Baby Sibling: A Research-Based Documentary</b></p>	<p>To date Professor Jonas-Simpson has produced three documentaries involving the agony of loss, continuing connections and new hope. To learn more about Dr. Jonas-Simpson and her research work, please visit <a href="http://www.yorku.ca/hlln/continuing-education-tools.html">http://www.yorku.ca/hlln/continuing-education-tools.html</a>.</p>
	<p>Unique to this presentation was the screening of, "Why did Baby Die? Mothering Children living with loss, love and continuing presence of a baby sibling" taken from a moving documentary of interviews, art and poetry of families coping with loss. The film screening was followed by a discussion which included themes in sibling bereavement and enduring difficulties for mothers as well as children.</p>