

Other Related Projects



The Young Adult with Developmental Disabilities (YADD) study focuses on the potential barriers and positive solutions for accessing social funding for young adults with developmental disabilities and their family caregivers (Canadian-born and immigrant). Research objectives include: to understand young adults with developmental disabilities and their family caregivers' awareness and perceptions of direct/flexible/self-directed social funding versus indirect or agency-based funding; and to explore the advantages and disadvantages in accessing direct or agency-based funding in terms of gender and migration status.

To know more about our other projects contact us:

Office of Women's Health Research Chair in Mental Health
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For more information, please visit our website at:

<http://nkhanlou.info.yorku.ca/>

Health Promotion for Immigrant Mothers of Children with Developmental Disabilities: What is relevant?

Community Event

September 23, 2016

Location: Holland Bloorview Kids
Rehabilitation Hospital



<http://nkhanlou.info.yorku.ca/>

Health promotion for immigrant mothers of children with developmental disabilities: What is relevant?

(2014-2016)

Research Team: Nazilla Khanlou (PI), Gail Jones (co-I, Kerry's Place Autism Services), Louise Kinross (co-I, Holland Bloorview Kids Rehabilitation Hospital), and Karen Yoshida (co-I, University of Toronto). Research Coordinator: Luz Maria Vazquez. Research Assistants: Nida Mustafa and Sadora Asefaw.

The overall goal of this qualitative study was to examine what is relevant health promotion for immigrant mothers of children with developmental disabilities (DDs). It explored the particular health promotion needs of immigrant mothers raising children with DDs. This research took place between April-December in 2015. Semi-structured interviews were conducted with 28 immigrant mothers of children with DDs, in three locations - North York, Mississauga and Brampton. Study findings show that overall, mothers have clear and concrete ideas about ways to promote their wellbeing; but have significant time limitations due to consistent parenting and primary caregiving roles, and lack of mother-centered, flexible health promotion services.

Funded by: The \$15K Challenge Funding, Women's College Hospital

COMMUNITY EVENT AGENDA

11:30-11:50 **Nazilla Khanlou**, Principal Investigator, Mothers' Health Promotion Project: What is Relevant?

11:50- 12:05 **Brenda Spielmann**, Member of Mother's Advisory Committee, Mothers' Health Promotion Video

12:05- 12:15 **Maricel Patricio**, Mothers' Health Promotion Project Participant

12:15- 12:25 **Deborah Davidson**, Mothers Project 1 Report

12:25- 1:00 **Open Discussion**

1:00- 1:40 **Lunch & Networking**

1:40- 2:00 **Jacqueline Getfield**, Presenter on Research Topic - Engagement or Exclusion: Journeying with Racialized Immigrant Mothers and their Disabled Children

2:00-2:15 **Kim Rodrigues**, Kerry's Place Autism Services - Community Services

2:15- 2:30 **Nadine Williams**, Award Winning Poet & Author - Poetry Recital

THANK YOU!