

WOMEN'S MENTAL HEALTH AND WELL-BEING SPEAKERS SERIES



Echo Chair in Women's Mental Health Research presents...

Dr. Deborah Davidson & Helena Stahls

Wed January 23, 2013
12:00pm – 1:00pm
280N York Lanes

Maternal Grief and the Need for Social Support

To RSVP, please write to:
owhchair@yorku.ca
Lunch will be served



Helena Stahls is a bereaved mom who lost her 34 year-old daughter Donna to suicide. Helena attended a child loss group at Bereaved Families of Ontario and where she became

a volunteer in 2001, worked as a program coordinator and continues to volunteer with both BFO Halton-Peel and the Crohn's & Colitis Foundation of Canada. In her daughter Donna's memory, Helena has also raised over \$100,000 for the Crohn's & Colitis Foundation from her annual fundraising event "Just gotta Skate".



Dr. Deborah Davidson is a sociologist and a mother bereaved by perinatal loss. Her work is focused in the areas of health, motherhood, and diversity. Methodologically, Dr. Davidson has expertise in qualitative methods and methodologies, and is particularly adept in

researching sensitive topics with vulnerable populations. Her community volunteer work is with Bereaved Families of Ontario, where she has served on the Provincial Board, is Chair of the Professional Advisory Committee for Halton-Peel, and participates as peer facilitator and as a facilitation trainer.

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